



April 28, 2006

Jaw Breaker

There two kinds of people. Those who talk all day about their bosses, the price of gas, what their dogs learned, what they made for dinner, and what their moms said.

And those who clench their teeth, fake a smile, and pretend to listen.

Either way, we could all use some relief.

Get it with a jaw massage from Be You Bi Yu Spa. The new treatment focuses expressly on the jaw and the muscles around the mouth to ease tension and strain in those over-exerted areas.

Go with the basic treatment or, if you're feeling splurgy, add a hydrotherapy body massage to further alleviate stress and rid yourself of toxins.

Verbal or otherwise.

Be You Bi Yu Spa, 5602 Shields Drive, Bethesda (301-493-4911 or beyouspa.com).



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